

ABOUT VIVIANNE NANTEL

Yogini, spiritual guide, inspirational speaker and author

Vivianne Nantel, is a yogini, spiritual guide, inspirational speaker, and author of *Wake Up, Baby! A Universal Journey of Awakening*. A spiritual memoir, the book intimately chronicles her life's quest to overcome a battered childhood, survive major depression, advanced breast cancer, Lyme and life-threatening tick borne co- infection diseases, seek in the mystical land of India, and walk the spiritual path with enlightened masters such as:

Yogiraj Gurunath Siddhanath

His Holiness Sri Sri Ravi Shankar

His Holiness the Dalai Lama

Sadhguru Jaggi Vasudev

Vivianne graduated Magna cum Laude with a Bachelor of Fine Arts from San Francisco State University and a minor in creative writing. As a published writer and poet, Ms. Nantel's work has appeared in *Yoga Magazine*, *Poet's Paper*, the *National Literary Journal* and *Animal Wellness Magazine*, among others. In addition, Vivianne is a visionary artist and prolific painter whose artwork has been exhibited in museums, fine art galleries and private and corporate collections including:

Alaska Airlines Corporate Offices, Seattle, Washington

Senator Dianne Feinstein, US Senator for California

His Holiness the Dalai Lama, India

Darren Lewis, Retired Major League Baseball player, SF Giants

The Yosemite Museum, Yosemite, California

The Williamsburg Art and Historical Society, New York City

The Peace Museum, Chicago

Powell Street Fine Art Gallery, San Francisco, California

Carla Schmidt Fine Art Gallery, San Francisco, California

Karpeles Museum Gallery, Santa Barbara, California

The Peninsula Museum of Art, Belmont, California

Castle Kruenburg, Austria

Articles about Nantel's work have been published in the San Francisco Chronicle, The Independent Florida Sun and Alaska's World magazine. In addition, Vivianne has been interviewed on various television talk shows including Earth Advocate and Bridging Heaven and Earth and appeared in the documentary film Harp Seals by the Sea Shepherd Conservation Society.

Passionately committed to animal welfare, Vivianne has volunteered extensively for many animal welfare initiatives. She has spoken at the National Animal Rights Conference, in Washington, DC, and collaborated on special projects with the Humane Society of the United States (HSUS) & Humane Society International (HSI).

As part of her passion, Vivi spent more than two years studying music composition with Elinor Armer at the San Francisco Conservatory of Music. During this time she wrote more than 25 pieces of instrumental music and songs. She has also been studying voice with Deborah Benedict Jackson for the past four years. A soprano, Vivi has had three recitals in the San Francisco Bay Area.

Vivi offers private sessions and programs for sincere seekers who long to tap into their ultimate true nature and full potential.

viviannenantel.com