

"The real deal: a great and illumined being...who manifests the Love and the Oneness and the Truth in a clear, unmistakable, and joyous way."

—Allan Silberhartz, founder, producer and host of "Bridging Heaven and Earth"
international spiritual talk show

Becoming The Light: Realize Your True Enlightened Nature

A 21st century mystic and spiritual guide overcame abuse, heartbreak and advanced cancer — and found Divine Truth. Her stirring memoir is filled with insights for all who are seeking their inner Light.

Celebrated modern yogini, mystic and visionary, Vivianne Nantel, has sensed the Divine since childhood. But an abusive upbringing led to a life of crippling depression — until a near-death experience finally jolted her onto a profound spiritual awakening. Just how she overcame personal hardships and ultimately triumphed by realizing and experiencing the universal Spirit is at the heart of her new book, [Becoming The Light: Realize Your True Enlightened Nature](#). Vivianne is far more than a spiritual guide: she's also a cancer survivor, speaker, vocalist, artist, humanitarian and animal advocate. Her book is more than a memoir: it's a powerful roadmap to transformation.

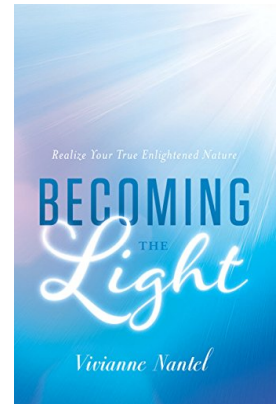
Using herself as an example, Vivianne opens the gate to enlightenment. No one needs to *seek* the Divine, she explains, it lives within everyone, just waiting to be realized. What stands in the way is often a prison of our own making, built of fear, conditioned life, accumulations and resistance. When we commit and listen deep to the divine song within us, it can elevate us to a state of crystalline awareness of absolute pure bliss consciousness— our genuine eternal nature.

Readers will also learn:

- How to unlock the Divine Feminine Energy (*Skathi*) inside all of us.
- How to transcend physical limitations to touch the world of spirit.
- How to quiet chattering fears and break free from self-imposed barriers.
- Why the animals have so much to teach us — if only we'd listen.
- Why the quest for self-realization is crucial to break free of our selves.
- How to experience the incredible power of *samadhi* — the trancelike state.
- How Vivianne used the power of yoga, the alchemy of mantra, and other techniques to blast advanced Stage 3 cancer out of her body.

Filled with timeless wisdom and deep spiritual knowledge, *Becoming The Light: Realize Your True Enlightened Nature* reflects Vivianne's years of working with masters such as Sadhguru, Dalai Lama, Sri Sri Ravi Shankar and Yogiraj Gurunath Siddhanath; as well as her profound, empowering Yoga practice, and spiritual journey. With energy and passion, she explains the power of the Divine and its many manifestations, the mysticism of the yogic tradition, and the ancient art of consecration in the land of India — in inspiring, clear terms.

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Becoming The Light: Realize Your True Enlightened Nature

By Vivianne Nantel

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Vivianne Nantel's story, teachings and techniques will resonate with anyone who wants to learn how to embrace their physical body as a temple, and tap into their ultimate human potential. From her insights on the different natures of love to her explanation of our innate intuition, her book is a remarkable guidebook for all seeking transcendence, liberation, inner well-being, and lasting happiness.

About the Author

VIVIANNE NANTEL, who is often called Devi, is a yogini, spiritual guide, visionary, mystic, vocalist, humanitarian, speaker, author and artist. Her work has appeared in *Yoga Magazine*, *Poet's Paper*, *the National Literary Journal* and *Animal Wellness Magazine*, among others. Her artwork has been exhibited in museums, fine art galleries and private and corporate collections, and reviewed in the *San Francisco Chronicle*, *Independent Florida Sun* and *Alaska's World magazine*.

She's appeared on various television talk shows, including *Earth Advocate* and *Bridging Heaven and Earth*, was a speaker at the National Animal Rights Conference, in Washington, DC, and collaborated on special projects with the Humane Society of the United States and Humane Society International. As a soprano, Vivianne has performed a few recitals throughout the San Francisco Bay Area. Passionately committed and dedicated to helping others spiritually, she continues to raise consciousness and be an instrument of grace. Multimedia recordings of her guided meditation, book, music, chant and song are in the works. She recently published her first major book, [Becoming The Light: Realize Your True Enlightened Nature](#).

Learn more about Vivianne Nantel (Devi) at viviannenantel.com.

“To all who can hear, see, touch, and feel the longing of their hearts . . . to the sleeper, the procrastinator, the wanderer, the player, the lost one, and the sincere seeker. May this book open an unimaginable gateway.”

~

“Consciously or unconsciously, the same shared, ultimate interest of all living beings is to experience happiness and inner well-being. Every living being seeks to be happy—even the bees and the ants. It is all the same energy. I belong to ONE tribe. Do you?”

— Vivianne Nantel,
*Becoming the Light:
Realize Your True
Enlightened Nature*